



Zarads

CAFE

Food created by family for family

KEEP IN TOUCH

Tel: (032) 5863204 | [Facebook.com/zarascafe](https://www.facebook.com/zarascafe)
Shop 90, Ballito Lifestyle Centre, Main Road, Ballito
Daily 6:00 - 17:30 | Sunday/Public Holidays 7:00 - 17:00

PLEASE NOTE

American Express cards are regrettably not accepted. Mastercard, visa and most credit cards are accepted.
A 10% service charge will be added to tables with 8 people or more.

Parma Ham Delight



RISE & SHINE



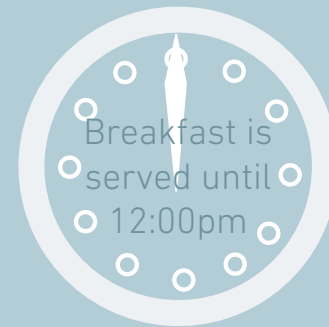
Nutritious Salmon

EXTRAS

Gluten free bread,
Health bread
or Banting bread
Extra R12



Iberica Hash



Breakfast is
served until
12:00pm

Health Choice



Ribs



ALL
SUBSTITUTIONS
WILL BE
CHARGED FOR

FRESH JUICES, SMOOTHIES & YUMMY MILKSHAKES

FRESHLY SQUEEZED JUICES

Something to help strengthen
your immune system for the day



Fresh Green - R34

Apple, cucumber, spinach, kale, celery, lemon ginger

Pressed Red - R34

Carrot, beetroot, apple, mint, lemon

Healthy Citrus - R34

Orange, carrot, lemon, ginger

Morning Start - R34

Apple, pear, ginger

Pressed Yellow - R34

Carrot, pineapple, apple, pear

SMOOTHIES

R38

Cappuccino | Chocolate or White Chocolate | Nutella
Hazelnut | Peanut Toffee Banana | Berry Desire | Strawberry
Mango | Lemonade | Tropical Desire

MILKSHAKES

R35

Vanilla | Chocolate or White Chocolate | Strawberry | Lime
Banana | Bubblegum | Coffee | Milo | Chai

FRUIT SHAKES

R35

Made with ice cream and fresh fruit juice

HOT & COLD

BEVERAGES

HOT BEVERAGES

Caffe	R15
Cappuccino	R19
Mega Cappuccino	R28
Red Cappuccino	R20
Caffe half and half	R19
Caffe Latte	R22
Red Latte	R24
Flavoured Latte	R26
Vanilla, hazelnut or maple & cinnamon	
Espresso	R15
Double espresso	R23
Macchiato	R17
Double Macchiato	R24
Chocolaccino	R26
Hot Chocolate	R26
White Hot Chocolate	R26
Milo	R26
Caffe liqueur	R38

Liqueur of your choice

Please note that any coffee served
with cream will be charged at
R6.00 extra

TEAS

Ceylon	R16
Earl Grey	R18
Herbal - Selection available	R19
Rooibos	R18

COLD BEVERAGES

Cold drinks	R21
Enquire about our selection	
Appletizer, Grapetizer	R24
Cordials	R7
Passion Fruit, Kola Tonic & Lime	
Schweppes	R21
Lemonade, Soda Water, Tonic, Ginger Ale & Dry Lemon	
Fresh Fruit Juices from	R22
Enquire about our selection	
Bos Ice Teas	R25
Valpre Mineral Water	R19
Still or Sparkling	
Dom Pedro	R39

HOT & COLD BEVERAGES



BREAKFAST

Although we hope you will indulge in our inspired breakfast menu, please ask your waiter should you require an old favourite

Granola Basket - R69

Homemade granola, made of almonds, coconut, apricot, cranberries served with yoghurt and seasonal fruit, drizzled with honey.

Cold Oats - R48

Oats with apple, banana and nuts drizzled with honey.

Health Choice - R55

Health bread topped with rocket, chunky cottage cheese, fresh tomato and avo, drizzled with basil pesto and balsamic glaze.

Rye-Vita Crisp - R39

Rye-vita drizzled with bovril and topped with smashed avo, coriander, red onion and red chilli flakes.
Add egg R5

Nutritious Salmon - R99

Scrambled eggs, paired with chives, salmon, avo and chunky cottage cheese, served with toast.

Salmon Mille Feuille - R109

Puff pastry stack with Salmon, scrambled eggs, Peppadew, cream cheese, spring onion and asparagus (seasonal).

Omelettes (3 eggs)

- Bacon and cheddar cheese served with toast - R72

 - Spinach, feta, origanum, olives, tomato - R65
Served with crostini

Daybreak - R32

2 eggs, bacon, toast and jam.
Add extra pork sausage R16

Mince on Sour Dough - R79

Savoury mince served on toasted sour dough topped with popcorn haloumi and 2 fried eggs.

Katcha - R65

Pita wedges, topped with cottage cheese, avo, bacon, spring onion and poached egg.

Parma Ham Delight - R89

Crostini topped with creamy egg mayo, Parma ham, grilled rosa tomatoes and pecorino cheese drizzled with pesto.
Add avo – extra R20

Ribs - R99

Deboned pork ribs with scrambled eggs, crispy onion and asparagus (seasonal).

Iberica Hash - R75

Mashed potato patty, bacon, mushrooms, Gorgonzola, Peppadew relish and a poached egg.

Hi Breakfast (min 2 people) - R190 p.p.

Morning experience with the tradition of the afternoon delight. Fresh juice, muesli and yoghurt.
Fruit, pastries, cold meats, cheeses, preserves.

Eggs Benedict

Traditional ham - R63

 OR spinach - R53

OR salmon - R99

Peri Peri Livers - R79

Creamy peri peri livers, 2 poached eggs and crispy crostini.



Fillet Ciabatta



Greek Bunny Chow



CIABATTA & KRISPA FLATBREADS

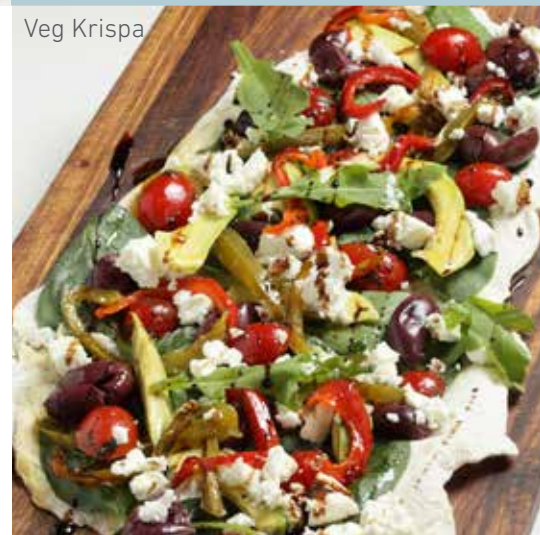
Pork Belly



Lamb Yiro



Veg Krispa



OUR LAMB
IS
SLOW ROASTED
FOR
5 HOURS

HOT

FRANJOLI

ALL SERVED ON A BED OF GREENS

ENJOY A PORTION OF CHIPS FOR AN EXTRA R25

Texan - R89

Balsamic chicken strips, avo and peri peri mayo.

Filletto - R135

Barbecue fillet strips, avo, halloumi and grilled onions.

Cape - R109

Salmon, cream cheese, red onion, capers and tomato.
Add avo - extra R20

 **Parmigan - R78**

Brinjal, with pesto, tomato napolitana and mozzarella.

 **Caprese Italiano - R109**

Cherry mozzarella balls, basil pesto, chunky fresh tomatoes, baby spinach and olives.
Add salami - R18

Lambo - R139

Tzatziki, slow roasted lamb, feta and sambals made of tomato, cucumber, onion and parsley.

KRISPA

FLATBREADS

ALL KRISPAS SERVED ON A BED OF GREENS

PLEASE ALLOW FOR 25 MIN PREP TIME

Parma Ham Krispa - R105

With rich cream cheese, pesto tomatoes, peppers.
Add avo – extra R20

Fillet Krispa - R115

Fillet steak strips with onion marmalade, spicy tomato salsa and Peppadew.

Lamb Krispa - R139

With tzatziki, tomatoes, onions, cucumber, parsley and feta.

Chicken Krispa - R89

Chicken marinated in wine and garlic, with jalapeños and feta.

 **Veg Krispa - R89**

With olives, pesto tomatoes, avo, feta and peppers.

MARO'S

FAMISHMENTS

Pork Belly - R99

Slow oven roasted pork with mashed potato patty, crackling and sweet apple sauce served with roasted vegetables.



Zaras Bunny - R139

Lamb curry served in mini bunnies.



Chicken Livers - R79

Delicious peri peri chicken livers served with a crostini and chips.

Greek Bunny Chow - R99

Succulent pork with popcorn crackling, tzatziki and Greek sambals.

Rib Bagel - R112

Pure deboned spare ribs with homemade coleslaw and piccalilli.



Falafel Meze - R97

Homemade falafels, hummus, smashed avo, olives, grated beetroot, tabouli style sambals and pita wedges.

Wine & Garlic Chicken Wrap - R89

With jalapeños, feta and caramelized onions.
Served with chips.

Meze Chicken - R99

Marinated Greek style chicken pieces, served on a board with tzatziki, pita, chips, tomato and onions..

Pollo Burger



Sunrise Burger



GOURMET BURGERS & PASTA

ENJOY A BOTTLE
OF WINE WITH
YOUR
MEAL AND
THEN CALL
U B E R



OUR BURGERS
ARE MADE WITH

200GR

HOMEMADE
BEEF PATTY

Vivo Pasta



Mediterranea Pasta



SHARE YOUR
ZARAS EXPERIENCE
ON FACEBOOK &
INSTAGRAM



WINELIST

OUR SELECTION OF CHOICE
WINES FOR YOUR ENJOYMENT

WINE LIST



	Glass	Bottle
White Wines		
Anura Sauvignon Blanc	R38	R115
Anura Chardonnay	R38	R115
La Motte Sauvignon Blanc	R54	R 160
Haute Cabriere Chardonnay Pinot Noir		R185
Semi-Sweet		
Fairview Special Late Harvest	R44	R130
Rose		
Fairview Goats do Roam	R38	R115
Red Wines		
Fairview Goats do Roam Red Blend	R38	R115
Anura Merlot -	R44	R130
Bubbly		
L'Ormarins Brut Classique		R240

BEERS, CIDERS & SPIRITS

SAB Beers

Castle, Hansa, Carling Black Label,
Castle Light

from R23

Premium Beers

Amstel, Amstel Lite, Millers,
Windhoek, Windhoek Light

from R25

Imported Beers

Heineken, Peroni

from R28

Ciders

Enquire about our selection

R25

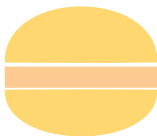
Spirits

Enquire about our selection

COCKTAILS

	Virgin	Alcoholic
Strawberry Daiquiri	R38	R48
Mojito	R38	R48
Pina Colada	R38	R48
Cassis & Mint Mule	R38	R48
Strawberry and Vanilla G&T	R38	R48

GOURMET BURGERS



ALL SERVED WITH CHIPS AND GARNISHED
WITH MAYO, LETTUCE & TOMATO

Sunrise Burger - R89

Bacon, fried egg, cheddar cheese, caramelised onion,
tomato relish.

Guacamole Burger - R85

Avo, feta and jalapeños.

V Veg - R75

Homemade patty of chunky mixed vegetables, topped with
grilled onion.

Packman Burgers - R69

3 mini cheese burgers and chips.

Pollo - R75

Strips of chicken in a mushroom sauce topped with
cheddar cheese.

Cheese Cake



PENNE | FETTUCCINE | SPAGHETTI PASTA

V Mediterranea - R89

Olives, cherry tomatoes, baby marrow, brinjal and feta in
tomato salsa.

V Napoli - R59

Traditional tomato sauce.
Add mushroom - extra R14
Add chicken - extra R25

Bolognese - R75

Slow cooked mince in a homemade tomato sauce.

Depolo - R79

Pan fried chicken pieces with pesto, pecorino and cream.

Carne - R115

Pan fried fillet strips in a red wine tomato salsa, with chilli,
onion marmalade and Peppadews.

V Vivo - R82

Creamy spinach, butternut and Gorgonzola.
Add chicken -extra R25

Prawn Sanaki - R119

Prawns in a delicious tomato ragu, with feta and flambéed
to perfection.

Prawns and Lime - R119

Prawns tossed with lime and chilli, served with fresh
coriander.

YOU MAY WANT TO SAVE SOME SPACE
FOR OUR DELECTABLE CAKE SELECTION.
JUST SAYING...



Mojos Salad

SALADS
&
LITE NIBBLES
or Perfect Sides

OUR SALADS
ARE TOO
GOOD
FOR HALF
PORTIONS



Pigallo Salad



Pinwheel Salad

FRIENDS
ARE THE
BACON BITS IN
THE SALAD BOWL
OF LIFE

KRISP SALADS

ALL OUR SALADS ARE DRESSED



- V** **Halloumi and Avo - R79**
Greens with haloumi, avo and red onion served with a creamy salad dressing.
- Mojos - R89**
Chicken, roasted butternut, Danish feta, tomato and grilled onions on greens.
Add avo - extra R20
- Pigallo - R99**
Italian Parma ham wrapped around dressed lettuce with avocado, fried mozzarella balls, drizzled with reduced balsamic and served with crostini.
- Pinwheel - R104**
Smoked salmon with avo, cream cheese, spring onion and capers.
- Kokkoriko - R83**
Grilled chicken strips with brinjals, baby marrow, tomato and peppers served on greens, drizzled with a mayo dressing.
- V** **Spinach - R69**
Finely chopped spinach, feta, mushroom, avo, spring onion and shredded beetroot.
- V** **Cypriot Village Salad - R69**
Chunks of tomato, cucumber, olives, feta and red onion with crispy ciabatta bites.
Add chicken - extra R25
- V** **Lentil and Artichoke - R89**
French lentils on a bed of greens with roasted carrot, beetroot, onion, tomato and feta.

LITE NIBBLES OR PERFECT SIDE DISHES

- V** **Caprese Nibbles - R45**
Crumbed mozzarella, tomato and olives with crisp toast.
- V** **Halloumi Nibbles - R49**
Deep fried halloumi served with sweet chilli-aioli and a side salad.
- Chicken Strips - R49**
Crumbed chicken strips served with chips or salad.
- French Fries - R24**
Served with sweet chilli-aioli
or Asian creamy mayo - R24
- V** **Hummus Nibbles - R29**
Moroccan Hummus and pita wedges.
- V** **Tomato Soup - R39**
- Pork Crackle - R55**
Crispy pork crackling with a sweet dip

**ENQUIRE ABOUT OUR WHOLE CAKES
AND DESSERTS**



FRESH FROM THE BAKERY



ENQUIRE ABOUT OUR CATERING

ASSORTED BAKED TREATS:

Listen to your tummy & visit our display!!

Sweet Muffins - R26

Served with jam and butter

Savoury Muffins - R32

Served with cheese, tomato jam and crispy onion

Sweet Scones - R26

Served with cream and jam

Savoury Scones - R30

Served with cheese and crispy onion

Plain Croissants - R25

Extra fillings:

Mozzarella and tomato + R13

Bacon and scrambled eggs + R24

Bacon and avo + R29

Smoked salmon and cream cheese + R48

Chocolate Croissants - R28

Pancakes

Plain with cinnamon and sugar - R19

Add Nutella - extra R34

Quiche - R44

Served with side salad and avo OR scrambled eggs and avo

TASTY SAVOURY PLATTERS



DELECTABLE SWEET SPREADS